



# WCCM

IN THE UK

## THE ROLE OF THE GROUP LEADER

There may be one group leader, or more than one: a group may choose to share leadership tasks among its members in any way it wishes. However a group chooses to operate, the following points need to be covered.

### The Essentials

1. Arrange time and place for meetings.
2. Ensure that the room is ready for meeting.
3. Organise a suitable way of timing the period of meditation (e.g. using the WCCM app)
4. Arrange for introduction to meditation period (e.g. music, reading, tape/CD, download) in such a way that the tradition of the World Community is passed on.
5. Communicate with your group members about meetings and anything else that they might find encouraging and useful.
6. Be the contact point for the group within the meditation community. (e.g. receiving communications to pass on to the group from WCCM in the UK and keeping in touch with your Area Team members).
7. Communicate the existence of the group to others.
8. Welcome newcomers, and introduce them to the practice of Christian meditation as taught by John Main.

### Longer term

9. Encourage members to register with the UK office ([uk@wccm.org](mailto:uk@wccm.org)) to receive the newsletter, and make them aware of the resources to be found on the UK website ([wccm.uk](http://wccm.uk)) and the international website ([wccm.org](http://wccm.org)) which include Daily Wisdom, weekly readings etc.
10. At the time of the UK Annual Appeal highlight the need for the group, or its members individually, to consider financial support to the wider community.
11. Consider attendance at The School "Essential Teaching Workshop," and/or an occasional presence by someone from the group at national and local events.
12. Maintain occasional contact with an Area Team member, or National Online Coordinator if you facilitate a national online group, seeking advice where necessary or helping them with their role.
13. Encourage shared leadership so that the group doesn't become too dependent on a single leader.