



WCCM

IN THE UK

THE ROLE OF THE AREA TEAM MEMBER

Every meditation group in the UK has been assigned to one of 23 Areas. Each Area has an Area Team which might comprise up to 6 members who share the responsibilities in the way that best works for them. The number of Areas is flexible and new Areas can be formed at anytime if it is agreed that this will benefit the community. Area Team members are supported by each other and by the Area Liaison who represents them at the National Coordinating Team.

The Essentials

1. To support Group Leaders by keeping in touch with them individually and collectively through online or physical meet-ups, encouraging them to build confidence through attendance at the Essential Teaching Workshop, the School Silent Retreat etc.
2. To assist those enquiring about Christian meditation, sharing information about the practice, encouraging them to connect with a local or online group, to access the website and to contact the UK office, ensuring that they receive newsletters etc. and are aware of the variety of resources available.
3. To keep themselves updated on community developments, liaising with and supporting their Area Team, the Area Liaison and the office while being aware of meditators with skills or gifts, enabling them to serve the community as part of the Area Team or in other ways.

In addition the Area Team member may wish to:

4. Work with Group Leaders and other Area Team members to organise in person or online events i.e. introductory courses, quiet days, retreats and social gatherings.
5. Find new ways to encourage new groups and promote meditation in their region, especially via introductory courses or days.
6. Participate in outreach activities, supporting the work of Special Interest coordinators
7. Attend regional meetings, national council and other national meetings
8. Maintain their own local contact lists.