

The Meditatio Centre Programme 2025

SILENT SATURDAYS

All IN PERSON all Saturdays

5 April 11.00 am – 3.00 pm NO COST but donation requested

3 May 11.00 am – 3.00 pm NO COST but donation requested

7 June 11.00 am – 3.00 pm NO COST but donation requested

5 July 11.00 am – 3.00 pm NO COST but donation requested

6 September 11.00 am – 3.00 pm NO COST but donation requested

4 October 11.00 am – 3.00 pm NO COST but donation requested

1 November 11.00 am – 3.00 pm NO COST but donation requested

20 December 11.00 am – 3.00 pm NO COST but donation requested

LEARNING TO MEDITATE course

IN PERSON only

Wednesday 4, 11, 18, 25 June 6.30 – 7.30 PM no cost but donation requested

LEARNING TO MEDITATE course

IN PERSON only

Wednesday 5, 12, 19, 26 November 6.30 – 7.30 PM no cost but donation requested

Saturday 15 March 10.30 am – 4.00 pm

**Life Beyond Death: How the sacred scriptures contribute to our understanding
Martin Nathanael**

In person

£40/£20

Thursday 22 March 7.00 – 9.00 pm

Kiss of The Whale: A Transformative Journey of Self-Healing Book Launch

In person only

£20/£10

Saturday 5 April 4.30 – 6.30 pm

The Flame of Love: Rumi's Love Poetry

Lennie Charles and Friends

In person only

£25/ £15

Saturday 26 April 10.30 am – 4.00 pm

Everything Matters The poetry of Rainer Maria Rilke

Prof Mark S Burrows

hybrid

£40/£20 online £25

Wednesday 30 April 6.30 – 9.00 pm

Toasting Future Humanity with the Cup of Love

Amat-Un-Nur

In person only

£25/ £15

Saturday 17 May 10.30 am – 4.00 pm

On Spiritual Friendships

Sophronia Scott

hybrid

£40/£20 online £25

Wednesday 28 May 6.30 – 9.00 pm

Spiritual Leaders: Mahatma Gandhi

Peter Popham

Hybrid

£25/£15 online £10

Saturday 14 June 7.00 – 9.00 pm

The Beloved Son

Andrew Harrison

In person

£20/£10

Saturday 12 July 10.30 am – 4.00 pm

Chant: Breath, Holy Spirit and Sound

Leah Studdart & Rev Anna Stuttard

In person only

£40/£20

Saturday 11 October 10.30 am- 4.00 pm

Between Mystical Thinking and Practical Experience; How Poetry Opens the Door

Hilary Davies

In person only

£40/£20

Saturday 6 December 10.30 am – 4.00 pm

Divine Disruptors: Mysticism and the call to Wake Up

Dr Rebecca Stephens

Hybrid

£30/£20 online £20

Saturday 13 December 10.30 am – 4.00 pm

Laurence Freeman at the Centre Christmas 2025

Laurence Freeman OSB

Hybrid

£30/£20 online £20