



TURNING TO THE OTHER

Finding your Own Space: the Balance of Benedictine Spirituality



Marian Retreat Centre

Convent of the Marian Missionary Sisters of the Poor

Front Street

Nympsfield

Gloucestershire GL10 3TZ

Thursday 13th July – Sunday 16th July 2023

This retreat is intended primarily for those who have been meditating for some time and wish to deepen their practice within a time of sustained silence. The days will be structured though all is optional. The programme will be based on several periods of meditation together each day, with some walking meditation.

Dr. Stefan Reynolds, author and coordinator for Oblates in Ireland and an experienced teacher in our community, will join us on this retreat and will offer several short talks.

The annual South West Silent Retreat offers a rare opportunity to spend three days in silence – experience has shown that this makes so much difference compared to just a weekend.

Nympsfield is around four miles from Stroud , atop the edge of the Cotswold escarpment and lies within an Area of Outstanding Natural Beauty. The Marian Centre itself offers comfortable accommodation with simply furnished rooms – three of which are ensuite. There is a lift to the first floor. The Convent is set within in its own gardens, in a quiet and peaceful location.

The Centre's website is www.marianretreat.org.uk

The retreat will begin on Thursday afternoon (arrival from 4pm) with supper at 6.30pm. It will finish with lunch at 12.30pm on Sunday.

We want to welcome all who wish to come, irrespective of means.

The cost of the three day retreat is £248 (separate bathrooms) or £263 (ensuite).

Beyond your budget?

If you wish to come but the cost is beyond your means, please talk to Anita - as we have our own bursary fund to help.

For more information or a booking form contact Anita Finnigan

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