



## **WCCM in the South West Silent Retreat : July 21st – 24th 2022**

**The Greenhouse Christian Centre  
17 Burton Road, Poole, Dorset BH13 6DT**

### **ONENESS**

**“ Christian prayer has been described as the way of one-ing,  
becoming one, becoming one with the One who is One” John Main**

This retreat is intended primarily for those who have been meditating for some time and wish to deepen their practice within a time of sustained silence.

The days will be structured, though all is optional.  
The programme will be based on several periods of meditation together each day,  
with some walking meditation.

**Alex Holmes, WCCM coordinator in Scotland, and an experienced teacher in our  
community, will join us on retreat and will offer a daily talk.**

The Centre is well liked by those in our community who have stayed there before. It offers comfortable, modern accommodation with simply furnished bedrooms, all ensuite except two which have their own separate but private bathrooms. Some rooms are on the ground floor (including one recommended for the less able), most on the first floor. There is no lift.

It is set in a heavily treed residential area, reasonably quiet, with gardens  
- and a heated pool.

The Centre's website is [www.the-greenhouse.org](http://www.the-greenhouse.org)

The retreat will begin on Thursday afternoon with meditation at 5.45 and supper at 6.30. The retreat will finish with lunch at 12.30 on Sunday.

**We want to welcome all who wish to come, irrespective of means.**

The cost of the three-day retreat is £251 (separate bathrooms) or £281 (ensuite).

Beyond your budget?

If so - with the support of WCCM UK's Eileen Cox Legacy Fund -  
we have two half-price places available.

If you wish to come but the cost is beyond your means, please still contact Anita,  
as we have our own bursary fund to help.

For more information or a booking form, contact Anita Finnigan  
[anitafinnigan@hotmail.co.uk](mailto:anitafinnigan@hotmail.co.uk) 01305 259032