



## **WCCM IN MID-WALES ADVENT RETREAT**

### **UNIFIED CONSCIOUSNESS: LOVE IS THE MEANING**

*Unified Consciousness is a beautiful and concise way to speak about the deepest truth of life. As we persevere with meditation we begin to see what it means in our own experience and how it changes the way we relate to everyone and everything around us in our daily lives.*

The retreat will be led by Liz Watson, an experienced teacher in our community. It will include short talks and periods of meditation and will be open to all meditators. The weekend is organised by local members of the WCCM.

**Friday 2<sup>nd</sup> December – Sunday 4<sup>th</sup> December 2022**

**Llangasty Retreat House, Llangasty Tal-y-llyn, Brecon LD3 7PX**

Cost for the weekend per person: £215. Twin and single rooms available + disabled access.

For further information or to book a place email [bar\\_demi@hotmail.co.uk](mailto:bar_demi@hotmail.co.uk) or call 01600 772895.

For more on Christian meditation see [www.wccm.org](http://www.wccm.org)

